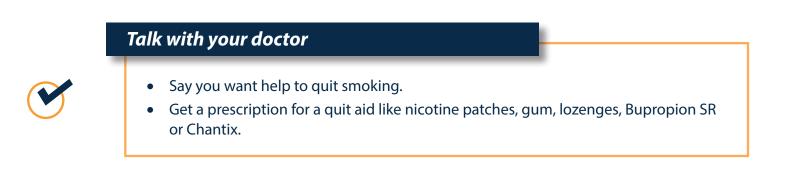
## If you have Medi-Cal, you may be able to get products to help you quit smoking. Here's how:



## Enroll with Kick It California

- Call Kick It California 1-800-300-8086 or enroll online at www.kickitca.org.
- A trained Quit Coach will help you make a quit plan that's just right for you.
- After your coaching call, Kick It California can give you a certificate.
  - » Medi-Cal does not require a Kick It California certificate for you to get quit aids BUT your pharmacy may still ask for it.
  - » You can ask Kick It California to send it to you or your pharmacy.

## Take your prescription to the pharmacy

- If your doctor prescribed patches, gum, lozenges, Bupropion SR or Chantix, you can most likely get it right away.
- If your doctor prescribed the nicotine inhaler or spray, the pharmacist will need to submit a Treatment Authorization Request (TAR). Approval may take a few weeks.

For more info about what quit aids Medi-Cal covers, please call 1-800-541-5555 or talk with your health care provider.

Keep in mind - a quit aid is just a tool. Give yourself credit for all the hard work YOU do!

