## YOUR STUDENTS CAN QUIT.

**KICK IT CALIFORNIA CAN HELP!** 

School involvement in cessation positively impacts students' lives!





# **WHO WE ARE**

Kick It California (KIC) has helped 1 million Californians quit tobacco over three decades. KIC has had a teen-specific coaching protocol since 2003, providing free, personalized support to students who want to quit smoking, vaping, and using smokeless tobacco.

#### STUDENT REFERRAL WEB FORM

Schools can connect students to KIC's caring coaches through a secure, easy-to-use web form.



Scan the QR code to access the web form or visit **kickitca.org/student-referral-form** 

#### **CONTACT US**

Phone: 858-300-1023

Email: cshoutreach@ucsd.edu



### **ELIGILBILTY**

- » Want to quit smoking, vaping, or using chew, or want to help someone else quit
- » At least 13 years old and live in California



#### **PROGRAM**

- » Evidence-based coaching tailored to teens
- » Caring support with accountability
- » Services in English, Spanish, Mandarin, Cantonese, Korean, & Vietnamese



#### **BENEFITS**

- » Refer easily to a free, proven quit program.
- » Connect students to a Quit Coach within two business days.
- » Improve student quit rates.
- » Receive reporting back to your school.