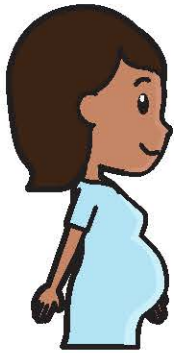
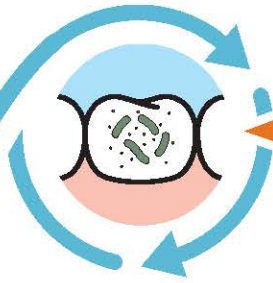


Now you're brushing for two



WHEN YOU'RE PREGNANT
YOU MAY BE MORE PRONE TO

**GUM DISEASE
AND CAVITIES**



After your baby is born,
you could pass the
bacteria that contributes
to cavities from your
mouth to hers.



THAT'S WHY
**EVERY PREGNANT WOMAN
NEEDS TO GET A
DENTAL CHECK-UP**

**MAKE YOUR APPOINTMENT
BEFORE THE BABY COMES**



ONCE SHE COMES,
WE'RE GUESSING YOU'LL
BE PRETTY BUSY



Tips to keep your
mouth healthy



IF YOU HAVE
**MORNING
SICKNESS,**
RINSE YOUR MOUTH WITH
**ONE TSP OF BAKING SODA
IN A GLASS OF WATER**
AFTER YOU GET SICK.

2x  
BE SURE TO
**BRUSH TWICE A DAY
AND FLOSS DAILY**

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American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

